A message from Sara and Anne

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– Sara Paone (RDH, RNCP) and Anne Bosy (RRDH, MEd, MSc)

Sara Paone has spent over twenty five years as a practice-building, registered dental hygienist, including the last ten years as a consultant, author and educator. Sara’s clinical work, consulting and teaching is predicated on the belief that dentistry has a vital role to play as a primary preventative strategy for our patients’ overall health, a role driven by the systemic links between our oral and overall health. Her passion is to work with patients, dental practices and teams to help them integrate this perspective for the betterment of patients’ health, and the practices of which they are a part. Sara is a Co-founder of the Oral Wellness Learning (OWL) Institute in Dentistry, a teaching institute based in Oakville, Ontario, Canada. OWL’s primary focus is the comprehensive education in oral health and its link to overall systemic wellness.

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OWL Educational Program

Understanding the Oral Systemic Link in Dentistry
Hands-on Techniques and Communication Strategies

Thursday, November 16 & Friday, November 17, 2017

Designed and presented by Sara Paone RDH, RNCP, and Anne Bosy RRDH, MEd, MSc

Program Details

ATTENDANCE IS LIMITED
To learn more about OWL and for more registration information, please visit us at www.owldentistry.org

Date: Thursday, November 16 & Friday, November 17, 2017
On-site sign-in registration: 8 am – 8:30 am Thursday, November 16
Location: The Dental Learning Centre (TDLC) – www.tdlc.ca
Address: 2892 South Sheridan Way, Oakville, Ontario L6J 7L4
Program cost: $549 plus $72 HST = $621
(Includes Continental Breakfast, lunch each day and various handouts)
RSVP: Phone 1-855-366-2226 • Fax (905) 829-3072

Benefits and practice improvements you can expect
✓ Inspire your team and your patients
✓ Discover whole-person-centred dentistry
✓ Empower your practice to elevate overall patient health
✓ Develop more inspired interactions with your patients
✓ Create whole-body health awareness in your practice
✓ Boost patient trust and patient loyalty
✓ Make the important link between oral and systemic health
More and more patients today are seeking wellness-centred care. Dentistry is beginning to respond, but our response needs to be more comprehensive and in-depth. OWL’s mission is not only to meet, but to exceed those expectations.

**Objectives of our OWL comprehensive two-day program**

1. Understand the links between oral and overall health
2. Make the link between oral health and heart attacks, strokes and diabetes
3. Develop effective skills to communicate the serious consequences of oral-systemic links
4. Acquire important technology skills and awareness tools to treat your patients
5. Enhance your communication and leadership skills

**PROGRAM OUTLINE – DAY ONE: THURSDAY, NOVEMBER 16**

**PRESENTED BY SARA PAONE: 9 am – Noon:**

1. Science and research describing oral systemic links (1.5 hours)
   - Development of Gingivitis-Periodontitis (Review)
   - Stages of Biofilm and Periodontal disease
   - Inflammation
   - Cardio Vascular Disease (CVD)
   - Diabetes
   - Arthritis
   - Pregnancy Outcomes
   - Alzheimer’s Disease

   **BREAK: 10:30 – 10:45 am**

2. Pharmaceuticals and their impact on Oral Health
3. Supplements and systemic health

**LUNCH BREAK: Noon – 1 pm**

**AFTERNOON SESSION: 1 – 4 pm**

4. Diagnostic Tools (theory, 1 – 2:30 pm)
   - Phase contrast microscope
   - Biofilm
   - Microbiology
   - OralVital Biofilm DNA
   - Disclosing: papillary bleeding scores
   - Periodontal probing calibration

   **BREAK: 2:30 pm – 2:45 pm**

5. Preventative Oral Wellness Program (2:45 – 4 pm)
   - Nutrition (impact on Overall and Oral Health)
   - Gut (G.I.) health

**PROGRAM OUTLINE – DAY TWO: FRIDAY, NOVEMBER 17**

9 am – Noon: Presented by Sara Paone (S) and Anne Bosy (A)

6. Preventative Oral Wellness Program (9:00-10:00)
   - Diary review (3-5 days)(S)
   - Nutritional assessment (using the dietary review and scanner)(A)

7. Hands on training 10:00-12:00 pm (2 hrs) and 1-4 (3 hours)
   - Technology (S&A)
   - Therapy Protocols (A)
   - Instrumentation (S)
   - Laser therapy and other treatment therapy (S)
   - Oral hygiene recommendations and protocols (A)
   - Oral Hygiene aids (tips for patients) OralVital (A)

8. Scanner implementation during breaks and lunch.

**LUNCH BREAK: Noon – 1 pm**

**AFTERNOON HANDS-ON SESSIONS: 1 pm – 4 pm**

Will divide into two groups:
1. Microbiology and slide and DNA prep
2. Probe calibration, disclosing PAP bleeding scores, and Instrumentation and Laser therapy.

**ANNE BOSY’S PRESENTATIONS IN OUR PROGRAM**

**Objectives**

1. Develop a visual diagnostic system that will emphasize patient’s oral health status.
3. Treat periodontal disease and breath odour with topical antibiotic rinses and creams.
4. Evaluate a method that provides patients with a system for achieving oral health.
5. Discuss the value of nutritional analysis within the dental practice and provide your team with a practical method of determining patient nutritional status.

**SESSION ONE, DAY 1, THURSDAY, NOVEMBER 16: 1 – 1.5 hours**

1. Discuss and apply periodontal charting and the papillary bleeding score to show patients their periodontal health status.
2. Optimize the application of disclosing solution and use it as a patient educational tool to improve oral hygiene care.
3. Learn how to sample oral biofilm for analysis for both Gram-stain and DNA analysis and determine which method would be best for individual patients.

**SESSION TWO, DAY 2, FRIDAY, NOVEMBER 17: 1 – 1.5 hours**

1. Discover the application and advantages of using antibiotic rinses and cream for the treatment of periodontal diseases and breath odour complaints.
2. Develop a treatment evaluation and followup system that will enable your patients to achieve oral health.
3. Learn how to analyse your patients’ nutritional status using a simple diet preference sheet.
4. Customize sessions one and two into a patient diagnosis and treatment system for your dental practice.

Sunstar is very proud to help dental professionals link together by introducing a teaching partnership with the Oral Wellness Learning Institute for Dentistry (OWL).
Understanding the Oral Systemic Link in Dentistry
Oral Systemic Links & Connecting Oral Wellness to Overall Health in Your Practice
Hands-on Techniques and Communication Strategies
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